

**Good Faith Estimate for Health Care Items and Services**  
Necessary to meet new requirements of the "No Surprises Act"

Patient Name:

\_\_\_\_\_

First Name	Middle Name	Last Name
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Patient Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Patient Identification Number: N/A

Patient Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_

Patient Phone: \_\_\_\_\_

Patient Email: \_\_\_\_\_

Patient's Contact Preference: [ ] By mail [ ] By Telehealth Portal File Transfer PDF

Primary Service or Item Requested/Scheduled:  
Individual Psychotherapy (weekly) via telehealth

Patient Primary Diagnosis:

N/A (see comments below)

Primary Diagnosis Code: N/A

Patient Secondary Diagnosis:

N/A (see comments below)

Secondary Diagnosis Code: N/A

If scheduled, list the date(s) the Primary Service or Item will be provided:  
Primarily service (Individual Psychotherapy) will be scheduled one time/week. The estimated costs are valid for 12 months (52 weeks) from the date of the Good Faith Estimate. estimate.

[ ] Check this box if this service or item is not yet scheduled

Date of Good Faith Estimate: \_\_\_\_/\_\_\_\_/\_\_\_\_

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## Summary of Expected Charges

Provider Name: Ken Vanderlip, Ph.D. Estimated Total Cost: \$10,400  
National Provider ID: 1225072143 Facility Type: Private Practice Tax ID: 33-0246994

Comments: Individual sessions are \$200 for the clinical hour (50-60 minutes). Good faith estimate requires a one year estimate. If this client were to come in weekly for one year (52) weeks the total estimated cost would be \$10,400.00. *(Estimate does not include any unpredictable costs that may be requested by the patient. Therefore, the Good Faith Estimate is subject to change and each additional requested &/or incurred service/item will be billed at the rates included on the Fee Schedule listed below. Also note, that you have the right to opt for longer than a clinical hour (50-60 min.) session and if you desire to do longer sessions the Good Faith Estimate would increase due to the desired length of each session per my fee schedule. Also, patient is responsible for full amount charged regardless of insurance reimbursement or not.)* A diagnosis is not given at this time. *Identified diagnosis code/s will appear on a statement/superbill provided at your request .*

Total Estimated Cost Primary Service Requested: \$ \$10,400.00 *(any additional service or items not yet identified that is requested/incurred an addition Good Faith Estimate will be provided identifying the service/item and estimated costs based on the rates included on the Fee Schedule listed below.*

Note: It is agreed that if patient's treatment continues beyond 1 year, this Good Faith Estimate will extend yearly throughout the remainder of patient's treatment **unless** a change in the providers fee schedule occurs, at which time a new Good Faith Estimate will be provided.

### Disclaimer

This Good Faith Estimate shows the costs of items and services that are reasonably expected for your health care needs for an item or service. The estimate is based on information known at the time the estimate was created. The Good Faith Estimate does not include any unknown or unexpected costs that may arise during treatment. You could be charged more if complications or special circumstances occur (See the Fee Schedule listed below for more detail). Any such circumstances regarding potential additional costs will be discussed and agreed to by you before that additional treatment with addition cost is provided. If not agreed to and you are billed the extra costs, federal law allows you to dispute (appeal) the bill.

If you are billed for more than this Good Faith Estimate, you have the right to dispute the bill.

You may contact the health care provider or facility listed to let them know the billed charges are higher than the Good Faith Estimate. You can ask them to update the bill to match the Good Faith Estimate, ask to negotiate the bill, or ask if there is financial assistance available.

You may also start a dispute resolution process with the U.S. Department of Health and Human Services (HHS). If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days (about 4 months) of the date on the original bill.

There is a \$25 fee to use the dispute process. If the agency reviewing your dispute agrees with you, you will have to pay the price on this Good Faith Estimate. If the agency disagrees with you and agrees with the health care provider or facility, you will have to pay the higher amount.

To learn more and get a form to start the process, go to [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call [HHS PHONE NUMBER].

For questions or more information about your right to a Good Faith Estimate or the dispute process, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call [HHS NUMBER].

Keep a copy of this Good Faith Estimate in a safe place or take pictures of it. You may need it if you are billed a higher amount.

Agreed to by:  
Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Fee Schedule**

*(Includes service options most likely provided)*

<b>CPT Code</b>	<b>Procedure</b>	<b>Fee</b>
90791	Diagnostic Evaluation 1hr.	\$200.00
90791*	Diagnostic Evaluation 1.5hr.	\$300.00
<b>Individual Psychotherapy Office</b>		
90834	50-60 minutes	\$200.00
90837	80-90 minutes	\$300.00
90841	110-120 minutes	\$400.00
90832	30 minutes	\$100.50
<b>Family Psychotherapy</b>		
90846	50-60 minutes w/o patient	\$200.00
90847	Cjt/Family	\$200.00/hr.

**Services Listed Below Not Covered by Insurance**

*(therefore, the full fee due is due from client rather than copay)*

90899*L/C	Appointment Canceled w/o Adequate Notice	\$200.00
90899*N/S	No Show/Missed Appointment	\$200.00
90820	Telephone Consultation 5-15 minutes	\$50.00
90821	Telephone Consultation 25-30 minutes	\$100.00
90822	Telephone Consultation 45-60 minutes	\$200.00
.		
90887	Reports: Interpretation or Explanation of Results	\$200.00/hr.
90889	Status Report Preparation	\$200.00/hr.
99080	Special Report	\$200.00/hr.
90825	Evaluate. Records, Reports, Tests, etc.	\$200.00/hr.

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## INFORMED CONSENT FOR TELEHEALTH

**Dr. Vanderlip Initiated telehealth services to enable continued therapeutic services during the Coronavirus (COVID-19) Pandemic situation. Dr. Vanderlip is continuing to provide his services via telehealth.**

This Informed Consent for Telehealth contains important information focusing on providing healthcare services, please read this carefully and let me know if you have any questions.

Telehealth refers to providing psychotherapy services remotely using telehealth technologies, including telephone (landlines, digital, cellular, wifi, etc.) and video conferencing services.

There are potential benefits and risks of telehealth services that differ from in-person sessions.

One of the benefits of telehealth is that the patient and clinician can engage in services without being in the same physical location. This can be helpful particularly during situations like the current Coronavirus (COVID-19) pandemic or other situations to ensuring continuity of care, where the patient and clinician likely are in different locations or are otherwise unable to continue to meet in person. *(Note: Dr. Vanderlip only provides telehealth treatment to those who live in and are located in California. Additionally, you must provide your exact location at the time of each telehealth session; note it must be in secure stable location, not within a moving vehicle.)*

The full extent of confidentiality and the exceptions to confidentiality that I outlined in my *Psychotherapist-Patient Services Agreement* all still apply in telehealth. However, as telehealth sessions take place outside of your psychologist's office, there are potential limits to patient confidentiality. I will take all the reasonable steps I can to help keep your information private. However, the nature of electronic communications technologies is such that I cannot guarantee that our communications can be kept confidential or that other people may not gain access to our communications.

The following information is a list of guidelines for us to follow to make this as safe as possible.

- If you agree to use my HIPPA compliant Doxy.me online telehealth video/audio platform for our virtual sessions, before and at our first virtual session Dr. Vanderlip will explain how to access and use the new platform/system. It is cloud based so you do not need to download any software, but you agree to give me your personal email to allow me to send you an invite/link to access the session via Doxy.me platform.
- You need to use a computer with a webcam or smartphone during a video-conferencing session. You are solely responsible for any cost to you to obtain any necessary equipment, accessories, or software to take part in telehealth.
- It is important to use a secure internet connection and not use public/free Wi-Fi which is completely unsecure. It is optimal with hardwired internet connection for videoconferencing.
- It is important to be in a quiet, private space that is free of distractions during either phone or video-conferencing sessions (including phones, or other devices) where you will not be interrupted.
- It is also important for you to protect the privacy of our session on your cell phone or other device.
- With video-conference platform we need a back-up plan (e.g., phone number where you can be reached) to restart/continue the session or to reschedule it, in the event of technical problems.
- The telehealth sessions shall not be recorded in any way unless agreed to in writing by mutual consent.
- I will maintain a record of our session in the same way I maintain records of in-person sessions in accordance with my policies.
- It is important to be on time. If you need to cancel or change your telehealth appointment, you must notify Dr. Vanderlip 24-hours in advance by either phone or text.

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- The same fee rates will apply for telehealth as apply for in-person therapy (*per signed Psychotherapist-Patient Services & Fee for Services Agreements*). *Dr. Vanderlip makes no warranty nor guarantee regarding the patient's insurance coverage and/or payment on the patient's behalf for service rendered and therefore the client agrees they are personally responsible for any and all fees paid in full for services rendered. It is, therefore, up to the client/patient to get clarification and attain validation of any and all insurance coverages directly from their insurance company themselves. You will be expected to pay for each session at the time it is held.*
- Dr. Vanderlip does not accept nor bill insurance but will, at your request, provide a statement &/or superbill containing applicable diagnosis and billing codes which you can then submit to your insurance for out-of-network reimbursement if you have that coverage (per "Fee for Services Agreement" form). Payment schedules for other professional services will be agreed to when they are requested. *Therefore, patient is responsible for full amount charged regardless of insurance reimbursement or not.*
- **Special notice to those on Medicare: Dr. Vanderlip is not a participating provider for Medicare (Medicare opted-out status).** *Therefore, all services/treatment rendered by Dr. Vanderlip are entered into as a private pay contract. In this private pay contract, I [the Medicare beneficiary] agree to give up Medicare payment for services furnished by the physician or practitioner and to pay the physician or practitioner without regard to any limits that would otherwise apply to what the physician or practitioner could charge. Therefore, to participate in treatment you will need to complete the form "Patient's Medicare Opt-Out Form".*
- We need a safety plan that includes at least one emergency contact and the closest emergency room to your location, in the event of a crisis.
- For anyone that is not a legal or an independent adult, we need the permission of your parent or legal guardian (and their contact information) for you to participate in telehealth/telepsychology sessions.
- Also, as your psychologist, I may determine that due to certain circumstances, telehealth/telepsychology is no longer appropriate and that we should resume our sessions in-person as soon as it is safe within the COVID-19 guidelines to do so.

This *Informed Consent for Telehealth* Agreement is intended as a supplement to the initial packet of 'New Client Forms' including, *Psychotherapist-Patient Services Agreement & Consent for Treatment Forms*, that we agreed to at the outset of our treatment together and does not amend any of the terms of that agreement. *Also complete one of my Authorization for Release of Information forms with the name and phone# of your Emergency Contact. Also, on the same form, identify and give the information of the nearest hospital ER. Thank-You.*

Your signature below indicates agreement with these terms and conditions.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Patient Name

\_\_\_\_\_  
Provider Signature  
Ken Vanderlip, Ph.D.

\_\_\_\_\_  
Date

## PSYCHOTHERAPIST-PATIENT SERVICES AGREEMENT

Welcome to my practice. This document (the Agreement) contains important information about my professional services and business policies. It also contains summary information about the Health Insurance Portability and Accountability Act (HIPAA), a new federal law that provides new privacy protections and new patient rights with regard to the use and disclosure of your Protected Health Information (PHI) used for the purpose of treatment, payment, and health care operations. HIPAA requires that I provide you with a Notice of Privacy Practices (the Notice) for use and disclosure of PHI for treatment, payment and health care operations. The Notice, which is attached to this Agreement, explains HIPAA and its application to your personal health information in greater detail. The law requires that I obtain your signature acknowledging that I have provided you with this information. Although these documents are long and sometimes complex, it is very important that you read them carefully before our session. We can discuss any questions you have about the procedures at that time. When you sign this document, it will also represent an agreement between us. You may revoke this Agreement in writing at any time. That revocation will be binding on me unless I have taken action in reliance on it; if there are obligations imposed on me by your health insurer in order to process or substantiate claims made under your policy; or if you have not satisfied any financial obligations you have incurred.

### Treatment Philosophy

Psychotherapy is not easily described in general statements. It varies depending on the personalities of the psychologist and patient, and the particular problems you are experiencing. There are many different methods I may use to deal with the problems that you hope to address. Psychotherapy calls for a very active effort on your part. In order for the therapy to be most successful, you will have to work on things we talk about both during our sessions and on your own between sessions.

Psychotherapy can have benefits and risks. Since therapy often involves discussing unpleasant aspects of your life, you may experience uncomfortable feelings like sadness, guilt, anger, frustration, loneliness, and helplessness. I [patient] understand that this often is a normal response to working through unresolved life experiences. On the other hand, psychotherapy has also been shown to have many benefits. Therapy often leads to better relationships, solutions to specific problems, and significant reductions in feelings of distress. But there are no guarantees of what you will experience. Your commitment to this treatment approach is necessary for you to experience a successful outcome. If you ever have any questions about the nature of the treatment or care, please do not hesitate to ask.

Initial here: \_\_\_\_\_

### Psychotherapy Sessions

I will usually schedule one (50-60 minute) session per week at a time we agree on, although some sessions may be longer or more frequent. **Cancellation and missed appointment policy:** Since scheduling of an appointment involves the reservation of time specifically for you, a minimum of 24 hours advance notice is required for re-scheduling or canceling an appointment. If an appointment is missed or canceled in less than 24 hours' notice, you will be billed according to the

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scheduled fee and instructions of the benefit plan. Repeated no-show or late cancelled appointments could result in termination of treatment. It is important to note that most insurance companies do not provide reimbursement for late cancelled or missed sessions

Initial here: \_\_\_\_\_

## **Professional Fees**

My hourly fee is \$200. In addition to weekly appointments, I charge according to the fee schedule provided for other professional services you may need. Other services include report writing, telephone conversations [*note: I bill by half hour increments for telephone contacts lasting longer than 5 minutes*], consulting with other professionals with your permission, preparation of records or treatment summaries, and the time spent performing any other service you may request of me. If you become involved in legal proceedings that require my participation, you will be expected to pay for all of my professional time, including preparation and transportation costs, even if I am called to testify by another party. [Because of the complexity of legal involvement, I charge \$500 per hour for preparation and attendance at any legal proceeding.] Note: You have also been given a fee schedule that identifies the most common charges.

Initial here: \_\_\_\_\_

## **Contacting Me**

Due to my work schedule, I am often not immediately available by telephone. While I am usually in my office Monday to Wednesday by appointment only, I will not answer the phone when I am with a patient. My telephone is answered by a confidential voice mail that I monitor frequently. I will make every effort to return your call on the same day you make it, with the exception of weekends and holidays. If you are difficult to reach, please inform me of times when you will be available. Note, I do respond to calls as soon as possible, but I am not “on call” and do not carry a pager. Therefore, if you are unable/feel that you can’t wait for me to return your call, or you have a critical [life-threatening emergency] you are advised to contact the nearest emergency room or dial 911 for immediate assistance.

**Also, as far as texting and email. I do not use email as a mean for communication due to the lack of protecting privacy. Texting also is at risk for privacy and confidentiality, therefore, please only use text to notify me that you need to change scheduling. Refrain from using it for any other purpose. If you need to share any other details, please leave a vmail message asking for a call back. Also, do not text if you have a critical [life-threatening emergency], you are advised to contact the nearest emergency room or dial 911 for immediate assistance.**

If I will be unavailable for an extended time, I will provide you with the name of a colleague to contact, if necessary.

Please be advised that my primary means of making contact is by cellular phone and that communications occurring via cellular (calls/text) or cordless telephones, fax and email are not secure; therefore, confidentiality cannot be guaranteed. Knowing this, by signing this agreement you authorize me to use any of these means to disclose any and all confidential information with both you and others per the Notice of Privacy Practices and all signed consents to disclose.

Initial here: \_\_\_\_\_

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## **Limits on Confidentiality**

All information between practitioner and patient is held strictly confidential. In most situations, I can only release information about your treatment to others if you sign a written Authorization form that meets certain legal requirements imposed by state law and/or HIPAA. But there are some situations where I am permitted or required to disclose information without either your consent or Authorization. These include:

- When there is reasonable suspicion of child abuse or abuse to a dependent or elder adult.
- When the patient communicates a threat of bodily injury/harm to others.
- When the patient is suicidal.
- When disclosure is required pursuant to a legal proceeding.

I may occasionally find it helpful to consult other health and mental health professionals about a case. During a consultation, neither your name nor other identifying information about you is revealed. The other professionals are also legally bound to keep the information confidential. I will note all consultations in your Clinical Record.

You should be aware that I practice in the same suite with other mental health professionals; however, we each practice independently. All the mental health professionals are bound by the same rules of confidentiality.

Currently, I have no contracts with outside providers [such as billing services, etc]. If, in the future, I do have such services, as required by HIPAA, any outside services will be required to maintain the confidentiality of this data except as specifically allowed in the contract or otherwise required by law.

Please note once confidential information is released, this office no longer controls the confidentiality of that information. If group therapy is utilized as part of the treatment, details of the group sessions/ discussions are not to be discussed outside of the counseling sessions. Please be advised that conversations occurring on cellular or cordless telephones are not always secure; therefore, confidentiality cannot be guaranteed.

If your treatment is being covered by a mental health insurance or EAP benefit, this office may be required to provide (by telephone, mail, fax or email) clinical information for you to obtain payment and/ or authorization for treatment. Information provided to the insurance company or managed care organization for the purposes of billing and/or obtaining additional treatment is no longer under the control of this office; therefore, confidentiality of the information cannot be assured. *Please note that Dr. Vanderlip does not accept nor bill insurance but will, at your request, provide a statement &/or superbill containing applicable diagnosis and billing codes which you can then submit to your insurance for out-of-network reimbursement if you have that coverage (per "Fee for Services Agreement" form).*

Initial here: \_\_\_\_\_

## **Billing and Payments**

***You will be expected to pay for each session at the time it is held.*** Payment schedules for other professional services will be agreed to when they are requested. ***Also, patient is responsible for full amount charged regardless of insurance reimbursement or not.***

Should this account become delinquent and sent for collection, any reasonable legal fees, court costs, collection agency fees, or any associated costs, fees or penalties will be added to the balance. It is understood that in the event your portion of the balance due becomes 90 days or more delinquent, a late fee of \$15.00 per month will be charged until the amount you owe is paid in full. There will be a \$15.00 charge on all returned checks. If your account has not been paid for more than 90 days and arrangements for payment have not been agreed upon, I have the option of using legal means to secure the payment. This may involve hiring a collection agency or going through small claims court which will require me to disclose otherwise confidential information. In most collection situations, the only information I release regarding a patient's treatment is his/her name, the nature of services provided, and the amount due. [If such legal action is necessary, its costs will be included in the claim.]

Initial here: \_\_\_\_\_

**Insurance Coverage**

Dr. Vanderlip does not accept nor bill insurance but will, at your request, provide a statement &/or superbill containing applicable diagnosis and billing codes which you can then submit to your insurance for out-of-network reimbursement if you have that coverage (per "Fee for Services Agreement" form). Payment schedules for other professional services will be agreed to when they are requested. **Therefore, patient is responsible for full amount charged regardless of insurance reimbursement or not.**

**Special notice to those on Medicare: Dr. Vanderlip is not a participating provider for Medicare (Medicare opted-out status).** Therefore, all services/treatment rendered by Dr. Vanderlip are entered into as a private pay contract. In this private pay contract, I [the Medicare beneficiary] agree to give up Medicare payment for services furnished by the physician or practitioner and to pay the physician or practitioner without regard to any limits that would otherwise apply to what the physician or practitioner could charge. Therefore, to participate in treatment you will need to complete the form "Patient's Medicare Opt-Out Form".

Initial here: \_\_\_\_\_

**Your signature below indicates that you have read this agreement and agree to its terms**

\_\_\_\_\_  
Signature of Patient (or Parent/legal representative if patient is a minor/dependent) Date

\_\_\_\_\_  
Signature of Witness/Provider Date

Acknowledgement of Receipt of Notice of Privacy Practices

By signing below, I hereby acknowledge receipt of the Notice of Privacy Practices of Ken Vanderlip, Ph.D.

Patient's Name	Date of Birth
Parent/Legal representative's Name (if patient is a minor/dependent)	
Signature of Patient (or Parent/legal representative if patient is a minor/dependent)	Date



**CLIENT INTAKE INFORMATION**

NAME Lst \_\_\_\_\_ Fst \_\_\_\_\_ Mdl \_\_\_\_\_  
ADDR \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_  
PHONE Home (\_\_\_\_) \_\_\_\_-\_\_\_\_ Alt (\_\_\_\_) \_\_\_\_-\_\_\_\_ Alt Name \_\_\_\_\_  
Marital Status: \_\_\_\_\_ (S=single M=married W=widowed, D=divorced X=separated)  
Sex \_\_\_\_\_ SSN \_\_\_\_\_-\_\_\_\_-\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_  
Driver's License Number/State: \_\_\_\_\_  
Employer \_\_\_\_\_ Occupation \_\_\_\_\_ Ph (\_\_\_\_) \_\_\_\_-\_\_\_\_  
Addr \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_  
Length of Time Employed: \_\_\_\_\_

**RESPONSIBLE PARTY INFORMATION:**

NAME Lst \_\_\_\_\_ Fst \_\_\_\_\_ Mi \_\_\_\_\_ Title \_\_\_\_\_  
ADDR \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_  
Phone (\_\_\_\_) \_\_\_\_-\_\_\_\_  
Client's Relationship to Resp. Party: \_\_\_\_\_ (S=self, P=spouse, C=child, O=other)

**REFERRAL INFORMATION**

Name Lst \_\_\_\_\_ Fst \_\_\_\_\_ MI \_\_\_\_\_ Title \_\_\_\_\_  
Bus. Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_-\_\_\_\_  
ADDR \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

I authorize Ken Vanderlip, Ph.D. to contact me at my home address for mailings and either my home, work or cell phone numbers regarding changes in appointments, billing information, etc.

\_\_\_\_\_  
Date Signature of Patient (or Parent/Legal Representative if patient is a minor/dependent)

Payment for services is due each visit and any charges incurred due to collection or attorney's fees become the responsibility of the client. We, the undersigned, have read this statement of responsibility and understand and agree to its contents.

\_\_\_\_\_  
Date Signature of Patient (or Parent/Legal Representative if patient is a minor/dependent)

I authorize Dr. Vanderlip to acknowledge and thank the above listed person and/or agency that referred me to him.

\_\_\_\_\_  
Date Signature of Patient (or Parent/Legal Representative if patient is a minor/dependent)

ADDITIONAL CLIENT INFORMATION

Have you seen a mental health professional before? \_\_\_\_\_

If so:

Who: \_\_\_\_\_ When: \_\_\_\_\_

Where: \_\_\_\_\_ How long: \_\_\_\_\_

Spouse's name \_\_\_\_\_ Age \_\_\_\_\_ Yrs Married \_\_\_\_\_

Spouse's SS#: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Address (If different) \_\_\_\_\_

Occupation: \_\_\_\_\_ Time Employed \_\_\_\_\_

Approximate Gross Family Income \$ \_\_\_\_\_ /yr.

Names/ages of children or others living with you and relationship

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Person and phone # to call in emergency: \_\_\_\_\_

\*\*\*\*\*

Briefly describe your reasons for seeking help: \_\_\_\_\_

\_\_\_\_\_

What are the goals you would like to realize through therapy? \_\_\_\_\_

\_\_\_\_\_

Describe any major changes in your life in the past five years:

\_\_\_\_\_

List some of the words/phases used by others to describe you as a

child: \_\_\_\_\_

adult: \_\_\_\_\_

Would you add any other descriptors of your own? \_\_\_\_\_

List two of your greatest assets: \_\_\_\_\_

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Present Medications: \_\_\_\_\_

Present Handicaps: \_\_\_\_\_

Date of last physical exam: \_\_\_\_\_ Doctor: \_\_\_\_\_

List any history of health/medical problems: \_\_\_\_\_ Date first seen for  
condition: \_\_\_\_\_


(Please use separate page if necessary for medical history)

Do you smoke? \_\_\_\_\_ if so, how much? \_\_\_\_\_

Do you drink coffee/cafeinated drinks? \_\_\_\_\_ if so, how much? \_\_\_\_\_

Substance Use: (Alcohol/Drugs: avg day/wk intake): \_\_\_\_\_

Do you exercise regularly? \_\_\_\_\_ Specify type exercise: \_\_\_\_\_

**PLEASE CHECK ANY OF THE FOLLOWING AREAS THAT APPLY:**

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> Nervousness     | <input type="checkbox"/> Depression        | <input type="checkbox"/> Fears(phobias)   | <input type="checkbox"/> Shyness            |
| <input type="checkbox"/> Sexual Problems | <input type="checkbox"/> Suicidal thoughts | <input type="checkbox"/> Divorce          | <input type="checkbox"/> Boredom            |
| <input type="checkbox"/> Finances        | <input type="checkbox"/> Drug use          | <input type="checkbox"/> Alcohol use      | <input type="checkbox"/> Friends            |
| <input type="checkbox"/> Anger           | <input type="checkbox"/> Self-control      | <input type="checkbox"/> Unhappiness      | <input type="checkbox"/> Sleep              |
| <input type="checkbox"/> Stress          | <input type="checkbox"/> Work              | <input type="checkbox"/> Relaxation       | <input type="checkbox"/> Headaches          |
| <input type="checkbox"/> Dating skills   | <input type="checkbox"/> Legal matters     | <input type="checkbox"/> Memory           | <input type="checkbox"/> Assertiveness      |
| <input type="checkbox"/> Energy          | <input type="checkbox"/> Chronic           | <input type="checkbox"/> Making decisions | <input type="checkbox"/> Loneliness         |
| <input type="checkbox"/> Self-esteem     | <input type="checkbox"/> Concentration     | <input type="checkbox"/> Education        | <input type="checkbox"/> Career choices     |
| <input type="checkbox"/> Health problems | <input type="checkbox"/> Relationships     | <input type="checkbox"/> Nightmares       | <input type="checkbox"/> Marriage           |
| <input type="checkbox"/> Children        | <input type="checkbox"/> Eating problems   | <input type="checkbox"/> Perfectionism    | <input type="checkbox"/> Bowel troubles     |
| <input type="checkbox"/> Being a parent  | <input type="checkbox"/> My thoughts       | <input type="checkbox"/> Irritability     | <input type="checkbox"/> Isolation          |
| <input type="checkbox"/> Trauma          | <input type="checkbox"/> Family            | <input type="checkbox"/> Spiritual        | <input type="checkbox"/> Sudden Mood Change |

Other: \_\_\_\_\_

## Consent For Treatment

I \_\_\_\_\_ authorize and request that Ken Vanderlip, Ph.D. carry out psychological examinations, treatments, and/or diagnostic procedures, which now or during the course of my care as a patient, are advisable.

I understand that, at my request, the purpose of recommended procedures will be explained to me and are subject to my agreement. It is also acknowledged that there can be no guarantees of treatment results. Further, the psychotherapy process can bring up uncomfortable feelings and reactions. I understand that the psychotherapy process can bring up uncomfortable feelings and reactions. I understand that this may be a normal response to working through unresolved life experiences, problems and trauma. The results of treatment may yield improvement, worsening or no change in symptomology and/or condition.

I have read, fully understand and agree to this Consent for Treatment.

I also agree to pay for the treatment services according to the statements in the Psychotherapist- Patient Services Agreement.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Provider



**CONSENT FOR EMDR TREATMENT  
(EYE MOVEMENT DESENSITIZATION & REPROCESSING)**

I have been advised and understand that Eye Movement Desensitization and Reprocessing (EMDR) is a specialized treatment approach. I have been informed that studies have shown EMDR as an effective approach in most areas of treatment within psychotherapy. It is most noted and recognized by the World Health Organization (WHO) for its effectiveness in reducing post-traumatic stress symptoms, such as intrusive thoughts, nightmares, and flashbacks. I have also been advised that although there are currently no known serious side effects to EMDR, and that only properly trained and licensed therapists (*or properly trained and supervised interns*) are deemed appropriate persons to administer EMDR treatment. I have also been advised that additional information regarding EMDR can be obtained from the EMDR Institute ([www.EMDR.com](http://www.EMDR.com)) and/or the EMDR International Association (EMDRIA) website ([www.EMDRIA.org](http://www.EMDRIA.org)).

I have also been specifically advised of the following:

- A. Memories, not previously remembered, tend to surface more often with the EMDR procedure than with other forms of treatment.
- B. Some clients have experienced reactions during the treatment sessions that neither they nor the administering clinician may have anticipated, including a high level of emotion or physical sensations.
- C. Subsequent to the treatment session, the processing of incident material may continue and other dreams, memories, flashbacks, feelings, etc. may surface.
- D. Nature of memory (fallibility) as related to EMDR and legal/court involvements. Please advise me if you have any legal situation and/or court case so we can discuss important potential effects of EMDR treatment and how it may relate to your legal case. It's important to ensure your attorney's readiness and agreement for EMDR treatment before moving forward.
  - Images can fade or disappear (forensic issue, may need to confer with client's attorney).
  - Client may no longer exhibit emotional distress when recounting the incident.
  - More or less information may be recalled (information recalled during processing is always valid, but not necessarily accurate).

Before commencing EMDR treatment, I have thoroughly considered all of the above, I have obtained whatever additional input and/or professional advice I deemed necessary or appropriate to having EMDR treatment, and by my signature below I hereby consent to receiving treatment with EMDR.

My signature on this Acknowledgment and Consent is free from pressure or influence from any other person or entity. It is also acknowledged that, at any time and for any reason, I may choose to discontinue EMDR treatment (*by verbal &/or written statement*).

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Date \_\_\_\_\_ Signature of Patient (or Parent/Legal Representative if patient is a minor/dependent)

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Date \_\_\_\_\_ Signature of Practitioner

Form – Revised 6/2023

**Authorization for Release of Information**  
*(including any/all protected health information - PHI)*

I, \_\_\_\_\_, authorize Ken Vanderlip, Ph.D. to release/disclose confidential treatment information and records including, but not limited to: any and all social, medical, psychological and academic information; any and all psychotherapy notes, as well as alcohol/drug use/abuse information and psychological evaluation and testing information pertaining to the following individual:

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

I authorize this information to be shared with the following individual or agency:  
\_\_\_\_\_

Additionally, I also authorized the above-named individual/s or agency to release/disclose confidential treatment information and records including, but not limited to any and all social, medical, psychological and academic information; any and all psychotherapy notes, as well as alcohol/drug use/abuse information and psychological evaluation and testing information pertaining to the Patient listed above to Ken Vanderlip, Ph.D.

I further authorize that the information released may be transmitted by facsimile (FAX), cell phone, cordless telephone or email to any and all individuals and or agencies listed above. I give this authorization, knowing that information shared in these ways are not always secure and knowing that confidentiality cannot be guaranteed by these means.

I understand that my psychologist generally may not condition psychological services upon my signing an authorization that would allow a disclosure of PHI that is not permitted as described in the Notice form provided by my psychologist, or a disclosure that is otherwise not permitted by law

I understand that information used or disclosed pursuant to this authorization may be subject to redisclosure by the recipient of my information and that Ken Vanderlip, Ph.D. cannot prevent the person or organization who has access to it from sharing that information with others, and this information may no longer be protected by the HIPAA Privacy Rule.

This authorization is effective as of: \_\_\_/\_\_\_/\_\_\_\_\_.  
The Authorization expires as of: \_\_\_/\_\_\_/\_\_\_\_\_ or when (specify): \_\_\_\_\_

I understand that I have the right to revoke or cancel this authorization at any time by either directly communicating so to my provider (Ken Vanderlip, Ph.D.) or sending written notification of that revocation or cancellation to his office address or billing mailing address. If I revoke or cancel this consent, I understand it will not apply to any information previously released with this authorization.

By signing this form, you authorize me to release any and all protected information from your clinical record to those indicated. Your signature also acknowledges you received a copy of this consent form.

\_\_\_\_\_  
Date Signature of Patient (or Parent/Legal Representative if patient is a minor/dependent)

\_\_\_\_\_  
Date Signature of Witness/Provider

*In the case where this consent of information is revoked:*  
*Notice of revocation received as of this date:* \_\_\_/\_\_\_/\_\_\_\_\_ - \_\_\_\_\_  
*Signature*

Form – Revised 1/2023

**PRIMARY CARE PHYSICIAN DISCLOSURE**

It may be beneficial for me to confer with your primary care physician in regard to your psychological treatment or to discuss any medical problems for which you are receiving medical advice.

Please check one of the following:

\_\_\_\_ You are authorized to contact my primary care physician whose name and address is shown below to discuss the treatment that I am receiving while under your care and to obtain information concerning my medical diagnosis and treatment.

\_\_\_\_ I do not authorize you to contact my primary care physician with regard to the treatment that I am receiving while under your care or to obtain information concerning my medical diagnosis and treatment. I am providing you with the name and address of my primary care physician only for your records.

Please complete all information below:

Name of Primary Care Physician: \_\_\_\_\_

Address of Primary Care Physician: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Telephone Number of Primary Care Physician: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

Please print name of patient: \_\_\_\_\_

Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Legal Representative if patient is a minor/dependent)

Date: \_\_\_\_\_

Form – Revised 1/2023

# Ken Vanderlip, Ph.D.

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## Fee Schedule

*(Includes service options most likely provided)*

<b>CPT Code</b>	<b>Procedure</b>	<b>Fee</b>
90791	Diagnostic Evaluation 1hr.	\$200.00
90791*	Diagnostic Evaluation 1.5hr.	\$300.00
<b>Individual Psychotherapy Office</b>		
90834	50-60 minutes	\$200.00
90837	80-90 minutes	\$300.00
90841	110-120 minutes	\$400.00
90832	30 minutes	\$100.00
<b>Family Psychotherapy</b>		
90846	50-60 minutes w/o patient	\$200.00
90847	Cjt/Family	\$200.00/hr.

### Services Listed Below Not Covered by Insurance

*(therefore, the full fee due is due from client rather than copay)*

90899*L/C	Appointment Canceled w/o Adequate Notice	\$200.00
90899*N/S	No Show/Missed Appointment	\$200.00
90820	Telephone Consultation 5-15 minutes	\$50.00
90821	Telephone Consultation 25-30 minutes	\$100.00
90822	Telephone Consultation 45-60 minutes	\$200.00
90887	Reports: Interpretation or Explanation of Results	\$200.00/hr.
90889	Status Report Preparation	\$200.00/hr.
99080	Special Report	\$200.00/hr.
90825	Evaluate. Records, Reports, Tests, etc.	\$200.00/hr.

Patient's Insurance Opt-Out Form

I \_\_\_\_\_ personally desire to not use my insurance benefit/plan [to "Opt-Out" of having my insurance be used] to cover [or make any payment for] any and all services/treatment rendered by Dr. Vanderlip. I desire and request to enter into a private pay contract for any and all services/treatment rendered by Dr. Vanderlip.

In this private pay contract, I [the insurance beneficiary] agree to give up insurance plan/payment for services furnished by the physician or practitioner and to pay the physician or practitioner without regard to any limits that would otherwise apply to what the physician or practitioner could charge.

In addition it is acknowledged that:

- Per this "Opted out" status in regards to my insurance, neither Dr. Vanderlip nor the above listed Patient [beneficiary] are allowed to submit a claim or bill to any insurance company for any services/treatment that are provided by Dr. Vanderlip.
- The above listed Patient agrees to cash pay arrangement for the "full-fee" of the services that are provided by Dr. Vanderlip.
- I/Patient also acknowledge that any supplemental or secondary insurance is will also not be billed, because of the "Opt-out" agreement; as above it is agreed that no insurance can be billed nor make payment for any services/treatment rendered by Dr. Vanderlip.
- I/Patient also acknowledge that I/[beneficiary] both have the right and can choose, at any time I want, to go to any other provider of my choice if I desire or choose to have insurance pay for my psychological services/treatment.

With this knowledge it is still my choice and desire to receive treatment from Dr. Vanderlip under my decision to "Opt-Out" of using my insurance and will pay for these services on a cash basis.

The above agreement was discussed, acknowledged and agreed to as of this date. Therefore, all services rendered and associated charges including and since this date are to be included in this agreement.

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Client/Patient's Signature

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Date

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Witness/Provider Signature

---

Date

Form – Revised 1/2023

# Ken Vanderlip, Ph.D.

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## Patient Fee for Service Agreement

In this Fee for Service Agreement, I \_\_\_\_\_ [the insurance beneficiary] am aware that Dr. Vanderlip is not a participating provider for my insurance and with that known, I personally desire to be seen by Dr. Vanderlip on a fee for services basis.

In addition, it is acknowledged that:

- Dr. Vanderlip does not guarantee payment from insurance companies.
- Dr. Vanderlip is considered an Out of Network provider with my insurance and, as such, makes him a fee for service provider. Therefore, he does not accept direct payment via my insurance. I agree to confirm with my insurance company in regard to whether or not I have Out of Network benefits.
- By seeing a fee for service provider, patients will often have a higher deductible for utilizing this type of provider. Make sure you understand your benefits, and that using an Out of Network Provider may have different reimbursement rates.
- Dr. Vanderlip has opted out of Medicare; therefore, it is agreed that Medicare cannot be billed for services rendered by Dr. Vanderlip.
- If your insurance requires authorizations for specialty services provided or recommended by Dr. Vanderlip, the member must obtain this authorization from a prior treating physician such as the Primary Care Provider, Psychiatrist, Psychologist, or other specialist as needed.
- The referring specialist should have the clinical history, diagnosis, and knowledge of the patient's condition (required for insurance companies to provide an authorization for services).
- If you desire to have Dr. Vanderlip provide you with a superbill for services rendered for you to submit to your insurance, please provide Dr. Vanderlip a copy of the front and back of your insurance card. Also, when filing out your new patient forms, you will also need to give consent to your insurance company. You acknowledge that your insurance may not cover/reimburse any or all charges for services provided by Dr. Vanderlip.
- I/Patient also acknowledge that any submission for potential reimbursement via my insurance is my sole responsibility.

I/Patient also acknowledge that I/[beneficiary] both have the right and can choose, at any time I want, to go to any other provider of my choice if I desire or choose to have insurance pay directly for my psychological services/treatment. With these stipulations it is still my choice, desire and decision to receive treatment from Dr. Vanderlip under this fee for services arrangement.

This Fee for Services Agreement was discussed, acknowledged, and agreed to previous to starting my treatment with Dr. Vanderlip. Therefore, all services rendered and associated charges for treatment with Dr. Vanderlip are to be included in this agreement.

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Client/Patient's Signature

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Date

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Witness/Provider Signature

---

Date

Form – Revised 1/2023

Patient's Medicare Opt-Out Form

I \_\_\_\_\_ am aware that Ken Vanderlip, Ph.D. no longer accepts Medicare and has discontinued his status as a Medicare provider [Opted out]. Therefore, all services/treatment rendered by Dr. Vanderlip are entered into as a private pay contract.

In this private pay contract, I [the Medicare beneficiary] agree to give up Medicare payment for services furnished by the physician or practitioner and to pay the physician or practitioner without regard to any limits that would otherwise apply to what the physician or practitioner could charge.

In addition, it is acknowledged that:

- Per the "Opted out" status that Dr. Vanderlip has with Medicare, neither Dr. Vanderlip nor the above listed Patient [beneficiary] are allowed to submit a claim or bill to Medicare for any services/treatment that are provided by Dr. Vanderlip.
- The above listed Patient agrees to cash pay arrangement for the "full-fee" of the services that are provided by Dr. Vanderlip.
- I/Patient also acknowledge that any supplemental or secondary insurance is will also not be billed, because of the "Opt-out" agreement; as above it is agreed that no insurance can be billed nor make payment for any services/treatment rendered by Dr. Vanderlip. .
- I/Patient also acknowledge that I/[beneficiary] both have the right and can choose, at any time I want, to go to any other provider of my choice that is a Medicare provider if I desire or choose to have Medicare and my supplemental insurance pay for my psychological services/treatment.

With this knowledge it is still my choice and desire to receive treatment from Dr. Vanderlip and will pay for these services on a cash basis.

The above agreement was discussed, acknowledged and agreed to as of:

\_\_\_\_/\_\_\_\_/\_\_\_\_.

Therefore, all services rendered and associated charges including and since this date are to be included in this agreement.

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Client/Patient's Signature

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Date

---

Witness/Provider Signature

---

Date

**NOTICE TO MEDICARE PATIENTS**

It may be beneficial for me to confer with your primary care physician in regard to your psychological treatment or to discuss any medical problems for which you are receiving medical advice. Medicare requires that I notify your physician by telephone, or in writing, concerning services that are being provided by me, unless you request that notification not be made.

Please check one of the following:

\_\_\_\_ You are authorized to contact my primary care physician whose name and address is shown below to discuss the treatment that I am receiving while under your care and to obtain information concerning my medical diagnosis and treatment.

\_\_\_\_ I do not authorize you to contact my primary care physician with regard to the treatment that I am receiving while under your care or to obtain information concerning my medical diagnosis and treatment. I am providing you with the name and address of my primary care physician only for your records.

Please complete all information below:

Name of Primary Care Physician: \_\_\_\_\_

Address of Primary Care Physician: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Telephone Number of Primary Care Physician: \_\_\_\_\_

Please print name of patient: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Revocation of Insurance Information Authorization**

Dr. Vanderlip,

I, \_\_\_\_\_, am sending this notice revoking the authorization  
(Printed Name)  
to release any information to my insurance company regarding any treatment.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient's Signature  
(or Parent/legal representative if patient is a minor or dependent)